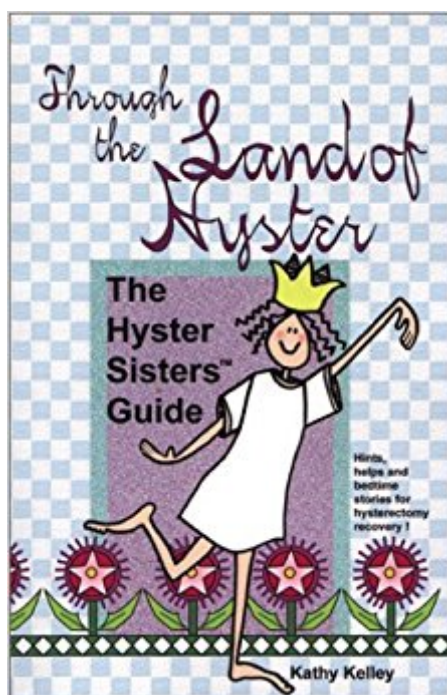


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# Through The Land Of Hyster: The Hyster Sisters Guide



## Synopsis

This book contains pre-op and post-op information, checklists, helpful hints for recovery and more. Advice given in the book is shared as a form of sisterly advice and women to women support. "Bedtime Stories for Hyster Sisters" are included to add to the sisterly charm of this book. This book reflects the solid information along with a bit of humor known at the Hyster Sisters website.

## Book Information

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## Customer Reviews

While recovering from my own hysterectomy, I created a website as I gathered information. The success of that website grew as thousands of women found help while recovering from surgeries. I then began to get requests for a book version of the site. I scratched my head, marveled at the Internet, and got to work. So, here it is...because after all, there are still places you can't take your computer.

Kathy Kelley is a public school teacher and an author which she manages to squeeze in during summer vacations. She authored this book as an extension of her website: Hyster Sisters. Besides being the creator of the Hyster Sisters website, she loves to read, paint, and shop for antiques. Someday she hopes to have a dachshund puppy. Kathy Kelley is married, has two grown children.

I am one week post-op today, and right up there with the Hyster Sister website for support, this book hasn't left my side! It is written with such compassion, humor, and advice from women who've lived through not only the surgery itself (which for many these days is probably considered less invasive

than a tonsillectomy with the medical and surgical advancements which have been made) but more importantly, what to possibly expect in the weeks and months to come during what can be a lengthy recovery! Even though I didn't have my ovaries removed and may not be experiencing menopause soon the sections about this and the explanations of hormones, hormone replacement options, etc...were very informative, yet not filled with so much medical terminology that I couldn't understand what was being described (there are many fine medical education websites available if I need them). The author and contributors never proclaim to be a replacement for checking with your medical team or doing further research if needed, however, their personal experiences and recommendations having 'been there, done that' are what make this book alive, as if you are sitting at a table having a discussion or Q&A session. The various "bedtime stories" are written for entertainment as well, yet always contain nuggets of good advice. I recommend this book to every woman planning to have a hysterectomy!

While there is some good material in this book, it is overshadowed by the amount of cutesy babbling. Answers to questions are rambling and often inconsistent. The photos look like bad photocopies. The fairy tale framework wears thin quickly; I never figured out if the king is a doctor, a husband, a narrative device or God. That said, there is some good content on some of the recovery issues involved in a hysterectomy, particularly in the hysterectomy is pre-menopausal. The website is much better than the book.

A good book if you need to feel pampered, can be annoying if you are looking for real info, and have to read through fantasy stories of pillow police and kings to get to the info. Leads you to a wonderful website where real info and follow up emails of expectations and week by week progress. Not a difficult to read reference. I highly recommend this for the "just after discharge" reading. But, you will need more substance for deep questions on hormones etc.

I gave this to a friend before her surgery and she found it funny and also informative.

This book was cute, funny and very helpful when preparing for my hysterectomy. If you find yourself in this situation this book will lighten your spirit a little and still give you some insight as to what you will be going thru.

This was a very, very helpful book, during my recovery.

Fun and informative book. I gave it to a friend who had a hysterectomy and she enjoyed it very much and said it was cute.

This book was spot on. I read it quickly from front to back after I had surgery. It was extremely helpful in answering all of my questions and concerns. Thank you!!

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